

# **MIND TO MIND**

*July 2010*

## *Building a home for the mind and the heart*

Driving to work this morning, I was thinking about a social issue. My  
mind had  
its point of view and my heart had its own agenda. I wondered how do I  
resolve  
this? I decided that I couldn't resolve an issue that involves the  
collective consciousness  
of society. However, I can find a place for my mind and my heart to  
live. With  
each encounter I have with each individual in each and every moment of  
my day,  
I can live from the heart/mind. Ha!

*Have you noticed that every time you think you have something  
resolved, you get  
the opportunity to see if this "resolvment" (my word) works?!!!*

When I got to work I received a phone call from someone I did not  
know. It was  
an interesting call because each time I responded to a question, I was  
ignored.  
I decided (mind) that this is a pointless conversation and signed off.  
Within the hour, someone who had rented the kitchen from Faith  
Lutheran,  
asked me to unlock the bathrooms. I did so and then went to the  
kitchen because  
I know how hot it gets in there. The air conditioning just is not  
adequate for such  
a large space. At 10 am it already was heating up and I took time to dig  
out every  
fan I could find of ours in storage and of Faith's. (Heart)

Jesus said that when the "two" become one, you have entered the  
Kingdom of  
Heaven. He was talking about male/female (not gender) energy.

He was talking about the mind and the heart.  
The Kingdom of Heaven, as Marjorie King so eloquently defines, is a  
state of consciousness...perfectly balanced.  
Sometimes, when we live from the heart, we cannot balance our  
checkbook.  
Sometimes, when we live from the mind, we are mindless. Yikes!

*Discernment, Discernment, Discernment.*

The paradox of this dimension is perfect for Discernment.  
Do I or don't I. Yes or no. Heart or mind.  
Take heart, my friend, and be kind to yourself. We can do this.  
The world out there thinks it knows the answers. The problem with the  
world  
out there is that it does not know the questions.  
If you have the question, you have the answer. Trust me.

*This I know... I love you today and forever. Margie Ann*

~

*ATTORNEY: She had three children, right?*

*WITNESS: Yes.*

*ATTORNEY: How many were boys?*

*WITNESS: None.*

*ATTORNEY: Were there any girls?*

*WITNESS: Your Honor is it too late to get another attorney?*

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**THE LITTLE MOUSE**

There's a little mouse in my house, in my house!  
Where he came from I do not know,  
But this little mouse does not belong in my house.  
Even though he means me no harm,  
His habits are destructive, never productive,

**Not an ounce of charm.**

**While cleaning my house of all traces of mouse,  
I found a box filled with memories of fear.  
They too are destructive, never productive.  
Without an ounce of cheer.  
How foolish to let these thoughts live in my house.  
They keep all my life and joy at bay.**

**Thank you dear mouse for the part you played  
in cleaning my own little house.**

*Written by our beloved Rev. Jody Lechner*

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## **FROM HERE TO THERE**

**Sunday, June 27<sup>th</sup>, 2010 we presented Maryanne Gagliano with a plaque  
honoring her service on the ECC Board of Directors.  
We love and appreciate you, Maryanne.  
(she says "backatcha!")**

**Brian MacLeod was appointed by the Board to fill Maryanne's vacancy.**

**Our Prayer Circle has been double-timing their work.**

**Maryanne Gagliano is recovering well.  
Jody Lechner is up and at 'em again!  
Rich Mason is strollin' along Balboa Park again!  
Marjorie King is healin' from the fallin' she took at Henri's (no she  
wasn't drinking!)  
Mary Woods is out of the hospital and at home again. Please continue  
your prayers for her and Dave.  
Pat Swanhart is continuing her recovery. Roy, her sweet husband, took  
a tough fall but is healing very well.**

**OUR PRAYER CIRCLE ROCKS!**

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*ATTORNEY: Is your appearance here this morning pursuant to a deposition*

*notice, which I sent to your attorney?*

*WITNESS: No, this is how I dress when I go to work.*

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# **SUNDAY SCHOOL NEWS!**

**Our Sunday School children are currently writing letters to our Service Men and Women.**

**If you would like to write letters, please bring them to Church and we will mail them with ours.**

*Remember: Supporting our troops does not necessarily mean that we are supporting war.*

**Johnnie Kay and Michael Manzanares, who have grown up in our Sunday School, are now ushers at the Sunday Service, Assistant Sunday School Teachers and in an upcoming Sunday will be giving the Sunday Lesson at the 10:30 am Service.**

**Sunday School rocks!!!**

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*ATTORNEY: How was your first marriage terminated?*

*WITNESS: By death.*

*ATTORNEY: And by whose death was it terminated?*

*WITNESS: Are you serious?*

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## **CLASSES**

### **Thursdays**

**9:15 am Yoga – will be announced**  
**10:00 am “Reinventing the Body/Resurrecting the Soul” by Deepak Chopra**  
**11:00 am “The Vortex” by Esther and Jerry Hicks**

### **Sundays**

**9:15 am "Course in Miracles" Discussion**

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## **UPCOMING EVENTS**

**Saturday, July 10<sup>th</sup> – 10 am**  
**Applying the Parables to 2010**  
We will be discovering the meaning of the Parables as Jesus taught them and recognizing how they still apply to 2010.

**Saturday, July 17<sup>th</sup> – 10 am**  
**Edgar Cayce Study Group**  
So much interesting information to share on so many topics!

**Saturday, July 24<sup>th</sup> – 10 am**  
**Shan Sutherland, ECC's Financial Advisor,**  
will present a 2-hour workshop on investments.

**Saturday, August 7<sup>th</sup> – 10 am**  
**Dream Analysis Workshop with Dr. Margie Ann**  
Your dreams contain spiritual instruction – subconscious feedback and sometimes random drama. Learn to discern the difference.

**August 21<sup>st</sup> – 10 am**  
**Edgar Cayce Study Group**

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***ATTORNEY: What was the first thing your husband said to you that morning?***

***WITNESS: He said, "Where am I, Cathy?"***

***ATTORNEY: And why did that upset you?***

***WITNESS: My name is Susan!***