

MIND TO MIND

June 6, 2010

“My Cup Runneth Over.”

On Thursday mornings I lead a Yoga class before our regular morning classes.

I come in early and set up the room and then take time to sit quietly.

Looking

out the Choir Room windows I see lush green foliage, regal trees shading the

soft grass...a sanctuary for birds, squirrels, rabbits and...me. I committed to the

Yoga class because my body needs to be stretched, unblocking energy points that

can happen living in a physical dimension in a physical body. At 9:15 am no one

was at class so I started by myself. For some reason, I started with a posture

that I use when I do Qui Qong. Standing tall, I raised both arms to the heavens,

looking up, brought my hands together and touched the third eye with the

tips of my fingers and then my heart chakra. My eyes suddenly teared up and

I felt a rush of emotion that surprised me. I held the position (hands to heart)

and searched myself to find the cause for my tears.

Know what I found? I found a wellspring of love.

I continued to plumb the moment, the happening. I don't believe that when I

reached my arms to the heavens that a person responded. I do believe that

in the spontaneous moment of innocence, love responded.

To my best awareness, I believe that the tears were released from a moment

of total surrender, a pregnant moment of trust and a childlike receptivity to

**experience a Reality more real than anything I could possibly conjure in
my mind.**

**I allowed myself to experience the Reality that you and I exist in,
moment to moment.**

**We do not live alone. We do not live somewhere outside of Love.
We are not limited to physical stimuli. When we reach, something
reaches back...back-at-cha!**

**Something is intimately and infinitely aware of us and responsive to us.
Will this something live our lives for us? No. But this something will
live it with us.**

**Many of our sweet spiritual family at ECC are going through some
difficult
times. My heart goes out to each of them and I ask myself what can I do
to
lift the burden. The best I can offer each of you is the experience I am
sharing.**

**In the physical dimension, this too shall pass.
The Spirit that we are is having a physical experience.
Does that truth eliminate pain? No. However, Jesus said that the truth
would
set us free. From what? Confusion? Isolation? What does it give us?
Comfort...pain will not kill us. We will survive. And, we will create a
new
life. Different? Yes. Thank God, Life constantly renews itself.
I say to each of you, a new day is coming and it is being in this moment.**

I care so deeply for you,

Margie Ann

Our beloved friend,

ED HOWARD

has stepped through the door of Life into a greater dimension of livingness. We embrace Marilyn as she grieves for her sweetheart and we stand with her as she creates a new life worth living.

**MEMORIAL SERVICE FOR ED HOWARD
SATURDAY, JUNE 12TH – 2 PM
ENCINO COMMUNITY CHURCH
RECEPTION FOLLOWS**

**Roy Jansen included the following taken from The Little Prince in his announcement to the Prayer Circle.
It so describes Ed...I can hear him laughing as he shares these thoughts with us:**

**In one of the stars, I shall be living.
In one of them I shall be laughing.
And so it will be as if all the stars
were laughing when you look
at the sky at night.**

*When you look at the sky tonight, see if you can see
Ed laughing.*

Death becomes us all for we are then free to live beyond pain, disappointment and limitation. Death is but a birthing of an eagle in flight.

MatB

SEEDS

**There must be a million different kinds of seeds, and I'm sure I could
not identify any of them.
All different, shapes, large and small.
Nothing spectacular to look at, and yet each one has within itself the
potential,
"Intelligence" of becoming the thing it is, as it reaches for its destiny.**

So, there is more to us than meets the eye!

**With our physical eyes we see physical things. We cannot see the
potential even in seeds,
let alone see the potential in another human being and yet,
there is The Knower within us that knows what we need to grow and
become as an Entity.
We are ("made in the image and likeness of God").
We, being the Creative Beings we are, do have this wonderful power of
Choice,
but have forgotten to listen to the Knower, or recognize our Oneness
with God.
Our physical eyes have led us astray and our paths can get pretty rocky
when we are not tuned into our Creator.**

**When all else fails, "read the instructions". "Be Still and Listen."
Let Love be your guiding Star.**

Love to You and Yours,

Rev. Jody Lechner

Questions On The Road Of Our Quest

**Why is there an expiration date on sour cream?
How do they get deer to cross the road only at those yellow road signs?**

**Is it possible to be totally partial?
How is it possible to have a civil war?**

CLASSES

THURSDAYS

9:15 am Yoga

10:00 am : Reinventing the Body, Resurrecting the Soul – Chopra - Great Discussion!

11:00 am: The Vortex – Esther and Jerry Hicks (Abraham) Good questions – good answers!

SUNDAYS

9:15 am: Course in Miracles Discussion

UPCOMING EVENTS

SATURDAY, JUNE 12TH – 10:00 AM

SELF-HYPNOSIS CLASS

**You may have taken the class before, take it again!
A powerful tool for relaxation and rewiring the brain!**

SATURDAY, JUNE 19TH – 10 AM

EDGAR CAYCE STUDY GROUP

The latest information from A.R.E. and stimulating conversation!

SATURDAY, JUNE 26TH – 10 AM

HOW TO FIND YOUR PERFECT _____ !

Vibration is the key...like attracts like.

SATURDAY, JULY 10TH – 10 AM

APPLYING THE PARABLES TO 2010

**What do rocks in a neighbor's field have to do with 2010?
Everything!!!!**

SATURDAY, JULY 17TH – 10 AM

EDGAR CAYCE STUDY GROUP

SATURDAY, JULY 24TH – 10 AM
ECC'S INVESTMENT ADVISOR, SHAN SUTHERLAND
WILL GIVE A 2-HOUR WORKSHOP ON INVESTMENTS

Atheism is a non-prophet organization.